

# 13<sup>TH</sup> ANNUAL SCIENTIFIC MEETING

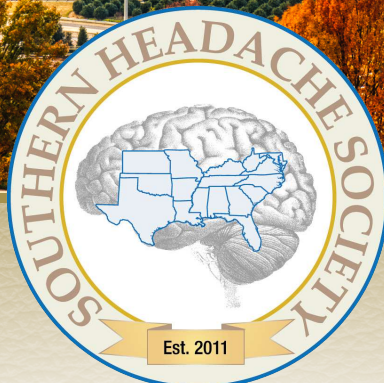
**FRI–SUN, OCTOBER 13–15, 2023**

MARRIOTT CITY CENTER | CHARLOTTE, NC

*Jointly provided by:*



**MAHEC**  
PART OF NC AHEC







# 13<sup>TH</sup> ANNUAL SCIENTIFIC MEETING

**FRI–SUN, OCTOBER 13–15, 2023**

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## DESCRIPTION

Drawing from both scientific and clinical research, Southern Headache Society's 13<sup>th</sup> Annual Scientific Meeting will focus on clinical advances in headache medicine. Some of the lecture topics will include:

- Strategies for Success in Headache Medicine
- What's New in Integrative Medicine
- Managing the Adolescent to Adult Transition
- Providing Care in Underserved Populations

The curriculum is intended for specialists and trainees in headache medicine as well as general neurology and primary care providers treating headache.

## AUDIENCE

Our target audience includes Physicians (MD, DO), Advance Practice Providers (APPs), Nurses, trainees, and other interested healthcare professionals.



## VENUE & LODGING

**Charlotte Marriott City Center**  
100 W Trade Street  
Charlotte, NC 28202

704-333-9000

**\$249.00** per night (plus tax)

A block of rooms has been reserved from October 12–15, 2023, at a discounted rate. When inquiring, be sure to ask for the “Southern Headache” room block. To ensure availability, please submit your reservation as soon as possible. These special room rates will be available until **September 21, 2023**, or until the group block is sold-out—whichever comes first.

**DIRECTIONS**

**RESERVE  
ONLINE**

## OBJECTIVES

**At the conclusion of this continuing education event, providers and clinicians will be able to:**

- Evaluate the impact of various therapeutic interventions in headache medicine, and make informed decisions regarding the most appropriate treatment options for patients, based on patient-specific factors and available evidence
- Develop and implement evidence-based guidelines and protocols for the management of common and challenging headache disorders in clinical practice, resulting in improved patient outcomes and satisfaction
- Evaluate the latest advancements in integrative medicine related to headache management, and propose integrative approaches for the treatment of headache disorders in clinical practice
- Develop comprehensive care plans for managing the transition of headache patients from adolescence to adulthood, incorporating current clinical guidelines and best practices
- Assess and integrate novel treatment modalities and emerging therapies into clinical practice, based on the latest scientific and clinical research presented during the lectures
- Identify and address the unique challenges and comorbidities associated with headache disorders, integrating a holistic approach that encompasses physical, psychological, and social factors in assessment and management plans

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## CREDIT OFFERINGS

### Continuing Medical Education

**Accreditation:** This activity has been planned and implemented in accordance with the accreditation requirements and policies of the North Carolina Medical Society (NCMS) through the joint providership of MAHEC and Southern Headache Society. MAHEC is accredited by the NCMS to provide continuing medical education for physicians.

**Credit Designation:** MAHEC designates this activity for a maximum of **12.75** AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

**Disclosure Statement:** MAHEC adheres to the ACCME Standards regarding industry support to continuing medical education. Disclosure of faculty and commercial support relationships, if any, will be made known at the time of the activity.

**Physician Assistants:** AAPA accepts certificate of participation for educational activities certified for AMA PRA Category 1 Credits<sup>™</sup> from organizations accredited by ACCME or a recognized state medical society. PAs may receive a maximum of **12.75** hours of Category 1 credit for completing this program.

**Nurse Practitioners:** This activity is designated for **12.75** AMA PRA Category 1 Credits<sup>™</sup>.

**CEUs:** MAHEC designates this continuing education activity as meeting the criteria for **1.3** CEUs as established by the National Task Force on the Continuing Education Unit.

**Contact Hours:** MAHEC designates this continuing education activity as meeting the criteria for **12.75** contact hours.

#### PHOTOGRAPHY STATEMENT

*MAHEC assumes permission to use audio, video, and still images from this program for promotional and educational purposes. Please speak with a staff member if you have any concerns.*

## CO-MEETING CHAIRS

### Christopher Oakley, MD

Johns Hopkins Hospital, Baltimore, MD

### Sara Sacco, MD, FAHS

Carolinas Headache Clinic, Matthews, NC

FRIDAY, OCTOBER 13, 2023

- 8:00–12:00** SHS Board Meeting
- 11:00–1:00** Registration and Lunch (*provided*)
- 11:30–12:30** Industry Supported Presentation with Abbvie (*no CME given*)
- 1:00–1:05** Welcome  
— Rebecca Erwin Wells, MD, MPH, FAHS, FAAN
- 1:05–1:10** Introduction  
— Christopher Oakley, MD  
— Sara Sacco, MD, FAHS

### PLENARY 1: WELLNESS FOR OURSELVES AND OUR PATIENTS

Moderated by Deborah Friedman, MD, MPH, and Megan Donnelly, DO

- 1:10–1:40** Working Smarter, NOT Harder  
— Brian Loftus, MD
- 1:40–2:10** Strategies for Success in Headache Medicine in Private Practice  
— Chaouki Khoury, MD, MS, FAAN, FAHS
- 2:10–2:40** Strategies for Success in an Academic Setting  
— Lauren Doyle Strauss, DO, FAHS
- 2:40–3:00** Q&A Session
- 3:00–3:20** Break with Exhibitors
- 3:20–3:50** What's New in Integrative Medicine?  
— Rebecca Erwin Wells, MD, MPH, FAHS, FAAN
- 3:50–4:20** How to Recognize and Address Catastrophizing in Headache  
— Scott Powers, PhD, ABPP, FAHS
- 4:20–4:40** Q&A Session
- 4:40** Adjourn
- 5:00–6:00** Zumba<sup>™</sup>  
— Alison Alford, MD
- 6:00** Dinner (*on your own*)
- 6:30–7:00** Resident Scholarship Awardees Social

REGISTER ONLINE

## SATURDAY, OCTOBER 14, 2023

**6:30–8:00** Check-in and Breakfast (*provided*)

**6:30–7:30** Industry Supported Presentation with Abbvie (*no CME given*)

**8:00–8:10** Introduction  
— Christopher Oakley, MD  
— Sara Sacco, MD, FAHS

### PLENARY 2: MANAGING THE SPECTRUM OF PATIENT POPULATIONS

Moderated by Carrie Dougherty, MD, FAHS, and Lauren Doyle Strauss, DO, FAHS

**8:10–9:00** **Keynote Address**  
Adults with Migraine Very Often Were Kids with Migraine: Why Pediatrics Is Important in Headache Medicine  
— Scott Powers, PhD, ABPP, FAHS

**9:00–9:30** Literature Roundup: Must-Read Publications from the Last Year  
— Liz Leroux, MD, FRCPC

**9:30–9:50** Q&A Session

**9:50–10:10** Break with Exhibitors

**10:10–10:40** Managing Expectations: Working with VIPs  
— Alan Finkel, MD, FAHS

**10:40–11:10** Providing Care in Underserved Populations  
— Gloria Simms, MD

**11:10–11:30** Q&A Session

**11:30–11:45** Break with Exhibitors

**11:45–1:15** Lunch (*provided*)

**12:00–1:00** Industry Supported Presentation with Lundbeck (*no CME given*)

**1:00–1:45** SHS Business Meeting (*no CME given*)

**1:50–5:00** **Concurrent Sessions**  
Attend one of two tracks listed at right or move between the two sessions.

**5:00** Adjourn

**5:00–6:00** Wine and Cheese Reception

**6:30–8:30** Social Event (*off-site*)

### CONCURRENT TRACK 1

#### Concussion, TBI, and PTH

Moderated by D. Michael Ready, MD, FAHS, and Sara Sacco, MD, FAHS

**1:50–2:20** Concussion: An Update from Injury to Recovery  
— Stacy Suskauer, MD

**2:20–2:50** Visual Manifestations of Head Injury  
— Greg Van Stavern, MD

**2:50–3:20** Post-traumatic Dysautonomia  
— Christopher Oakley, MD

**3:20–3:35** Q&A Session

**3:35–3:45** Break with Exhibitors

**3:45–4:15** Neurotrauma and Headache (Moderate to Severe TBI)  
— Alan Finkel, MD, FAHS

**4:15–4:45** TBI Treatment  
— Stacy Suskauer, MD

**4:45–5:00** Q&A Session

### CONCURRENT TRACK 2

#### Headache 201 (Case-Based)

Moderated by Alison Alford, MD, and Chaouki Khoury, MD, MS, FAAN, FAHS

**1:50–2:20** CSF-related Headache: Neuroimaging  
— Linda Gray Leithe, MD

**2:20–3:20** CSF Pressure-related Headache  
— Deborah Friedman, MD, MPH

**3:20–3:35** Q&A Session

**3:35–3:45** Break with Exhibitors

**3:45–4:15** Secondary Headache Disorders in the Elderly  
— Lindsay Frerichs, MD

**4:15–4:45** Refractory Migraine and Status Migrainosus  
— Brian Loftus, MD

**4:45–5:00** Q&A Session

REGISTER ONLINE

**SUNDAY, OCTOBER 15, 2023**

- 6:30–8:00** Check-in and Breakfast (*provided*)
- 6:30–7:30** Industry Supported Presentation TBD  
(*no CME given*)
- 8:00–8:10** Introduction  
— Christopher Oakley, MD  
— Sara Sacco, MD, FAHS

### **PLENARY 3: HEADACHE POTPOURRI**

Moderated by Brian Loftus, MD,  
and Christopher Oakley, MD

- 8:10–8:40** The Most Interesting Listserv  
Cases and Questions  
— Alison Alford, MD  
— Megan Donnelly, DO
- 8:40–9:10** Managing the Adolescent  
to Adult Transition  
— Lauren Doyle Strauss, DO, FAHS
- 9:10–9:30** Q&A Session
- 9:30–9:50** Break with Exhibitors
- 9:50–10:30** Why Isn't My Patient  
Getting Any Better?  
— Sara Sacco, MD, FAHS
- 10:30–11:30** **Neurotoxin Beyond Migraine**  
(*with live video feed*)
- Neurotoxin from an  
Oral Facial Perspective  
— Steve Bender, DDS
- Neurotoxin in Other Head/Neck Pain  
— Chaouki Khoury, MD, MS, FAAN, FAHS
- 11:30–11:50** Q&A Session
- 11:50–12:00** Closing and Wrap-up  
— Christopher Oakley, MD  
— Sara Sacco, MD, FAHS
- 12:00** Adjourn

### **FACULTY BIOGRAPHIES**

*Click here to read about our presenters  
at this year's annual meeting.*

## **REGISTRATION POLICIES**

### **Early registration deadline: October 6, 2023**

Program fees include administrative costs, educational materials, breakfast, and lunch. If your registration is received after the early registration deadline, the total fee will be the registration fee + \$15.00.

MAHEC has a pay-up-front policy for all CE programs. The only exceptions will be for pre-approved programs where an individual payment plan is appropriate. Registrations that are received without accompanying payment will not be processed and participants who have not paid the course fee will not be admitted into the program.

Unless otherwise noted in course materials, the following cancellation policy applies to all programs:

- Cancellations must be in writing (via fax, email, or mail)
- Cancellations received more than 2 weeks prior to the event will receive 100% refund
- Cancellations received between two weeks and two full business days prior to the first day of the event are refunded at 70% of the registration fee subject to a minimum \$25 cancellation fee
- No refunds or credits will be given for cancellations received less than two full business days prior to the event
- No vouchers will be issued in lieu of a refund
- Transfers/substitute(s) are welcome (please notify us in advance of the program)

## **PLANNING COMMITTEE**

### **Susan Beaird, DNP, CPNP, PMHS**

Vanderbilt Neurology, Nashville, NC

### **Carrie Dougherty, MD, FAHS**

Georgetown University Hospital, Washington, DC

### **Deborah Friedman, MD, MPH**

UT Southwestern Medical Center, Dallas, TX

### **Chaouki Khoury, MD, MS, FAAN, FAHS**

Atlanta Headache Specialists, Atlanta, GA

### **Elizabeth Leroux, MD, FRCPC**

University of Calgary, Calgary, Alberta, Canada

### **Gloria Simms, MD**

DHR Health Neurology Institute, McAllen, TX



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## REGISTRATION FORM

By registering below, you are granting permission for your contact information to potentially be shared with Southern Headache Society.

Event #71176

☐ Updated contact information

Name \_\_\_\_\_

Credentials \_\_\_\_\_

Occupation \_\_\_\_\_

Email Address \_\_\_\_\_

Home Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Home County \_\_\_\_\_

Home # \_\_\_\_\_ Work # \_\_\_\_\_

Employer \_\_\_\_\_

Department \_\_\_\_\_

Employer's Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Work County \_\_\_\_\_

Full payment must accompany all submitted registrations unless a payment plan has been approved in advance. Registrations received without accompanying payment will not be processed.

☐ **CHECK IS ENCLOSED**

☐ **PAYING WITH CARD**

☐ Visa ☐ MasterCard ☐ Discover Card ☐ AmEx

Account # \_\_\_\_\_

Expiration Month/Year \_\_\_\_\_ / \_\_\_\_\_

Verification Code \_\_\_\_\_ (3 or 4-digit number)

Name on Card \_\_\_\_\_

Signature \_\_\_\_\_

### Dietary Preference (if applicable)

☐ Vegetarian ☐ Gluten-free ☐ Vegan

### SHS Members: Physicians (MD/DO)

☐ \$329.00 ☐ \$344.00 if paying after 10/6/2023

### SHS Members: PhD, PA, RNP, and Others

☐ \$229.00 ☐ \$244.00 if paying after 10/6/2023

### Non-SHS Members

☐ \$499.00 ☐ \$514.00 if paying after 10/6/2023

☐ **Discount Code:** \_\_\_\_\_

Only available to residents, event faculty, SHS board members, and leveled supporters/exhibitors.

Program announcements will be sent to your email unless you opt out from receiving MAHEC emails. We never share our mailing lists.

☐ Please remove me from the MAHEC mailing list

**Send completed registration to:** MAHEC Registration  
121 Hendersonville Road, Asheville, NC 28803

**Fax completed registration to:** 828-257-4768

### HAVE A QUESTION?

#### Program Planner

Dina Gillespie

828-771-4216 | [dina.gillespie@mahec.net](mailto:dina.gillespie@mahec.net)

#### Registration Phone

828-257-4475

#### Registration Fax

828-257-4768

#### Online Registration

[mahec.net/events](http://mahec.net/events)



### Special Services

828-771-3490

#### Email

[registration@mahec.net](mailto:registration@mahec.net)

#### Mail

MAHEC Registration  
121 Hendersonville Road  
Asheville, NC 28803